

WELCOME

Your membership will provide you great opportunities to return service to our community in the best traditions of citizen involvement. Member benefits include opportunities for leadership, personal development, and networking with others in our organization and with whom we work. We encourage you to share your talents and resources by serving on club committees and working on different projects. Our weekly meetings offer programs which update members on current events as well as giving us a

chance to share our interests and aspirations on an informal basis. Become a part of our "Optimist World".



ABOUT OPTIMISM

The first Optimist club was organized in Buffalo, New York in 1911. Currently, Optimist Clubs are located in all parts of North America. There are also clubs scattered throughout the rest of the world (in Mexico, Hungary, Russia, France, Ukraine, Republic of Georgia, the Philippines) and new clubs are being added daily. Optimist International is divided into districts. The Sunrise Club is in the Nebraska District, which is comprised of nearly 60 clubs. We are in Zone 6, which is the six Optimist clubs in Lincoln. The oldest Lincoln club was organized in 1926 and was the first Optimist Club in Nebraska.



An Invitation

We wish to extend an invitation to you to visit our club and discover if Optimism is a way of life for YOU.

THE OPTIMIST CREED

Promise Yourself....

- To be so strong that nothing can disturb your peace of mind.
 - To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
 - To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Sunrise Optimist Club

7412 Karl Drive
Lincoln, NE 68516

Phone: 489-9171 - Bob Grundman
476-3810 - Harvey Schwartz
476-0013 - Tony Marquez



We meet at
the 48th & "O" Perkins Restaurant
each Wednesday morning at 7:00 a.m.



Lincoln Sunrise Optimist Club

FUNCTIONS TO:

- Serve the local community with what is needed,
- Aid and encourage the development of youth,
- Develop optimism as a way of life,
- Build fellowship and friendship,
- Promote good government,
- Improve its members.

ACTIVITIES FOR MEMBERS

- ◆ Weekly meetings with guest speakers.
- ◆ Youth programs.
- ◆ Visitations to other clubs meetings
- ◆ Social Events
- ◆ Education workshops at the Quarterly Conferences held throughout the state of Nebraska

SOME OF THE SUNRISE CLUB'S YOUTH ACTIVITIES

JUST SAY NO CLUB

A "Just Say NO" to Drugs Club for 4th and 5th graders is sponsored at Clinton Elementary School. Member/teacher Kathy Mueller coordinates this after-school activity during the school year with other club members attending and helping on special occasions.

CHALLENGER BASEBALL

Since 1992, Sunrise members have joined with other Lincoln Optimists to sponsor a "challenger" baseball league for physically and mentally challenged children ages 6-18. Over 60 players participate on 6 teams during a 6 Saturday summer season. Members serve as "buddies" to the participants and allow their parents to sit in the stands with the other cheering spectators rooting their children on to success in these "everyone hits/everyone scores" games.



PUNT, PASS, & KICK

Winners of the Sunrise local qualifier are eligible to compete in the Nebraska Optimist Tri-Star Football and NFL Pepsi Punt, Pass and Kick contests in UNL's Memorial Stadium each fall with top scorers vying to advance to Kansas City Chief regional and NFL national competitions.



ACADEMIC DECATHLON

Sunrise volunteers join those from over 30 clubs across the state to help host Academic Decathlon competitions each year. Beginning with a "scrimmage" hosted by Nebraska Wesleyan, continuing to a "regional" in Nebraska City, and culminating with the finals at Creighton University in Omaha, members assist in scoring, timing and proctoring the exams and even may help judging speeches for the 1,300 contestants representing over 50 high schools.

COMMUNICATION CONTESTS

The Sunrise Club supports and encourages entrants in three Optimist sponsored communications contests each year: an Essay Contest, an Oratorical Contest, and a Communication Contest for the Deaf and Hard of Hearing. These offer junior and senior high youth an opportunity to earn scholarships for furthering their educations.

NEIGHBORHOOD EXTRA

STUDENT OF THE WEEK

Sunrise Optimists partner with the Neighborhood Extra Newspaper to recognize over 120 middle and junior high school students for their citizenship each school year. Selected by their schools, winners are pictured in the paper, lauded at school ceremonies, and awarded a certificate by the club.

We are always looking for new ways to help the youth of our community achieve success. If you have a favorite youth group, project, or idea, come join us and, together, let's make it happen!!

